

Thematic plan for seminar-type classes in discipline «Russian History» for students of 2026 year of admission under the educational programme 31.05.01 General Medicine, specialization (profile): General Medicine (Specialist Degree Program), full-time mode of study for the 2026–2027 academic year

№	Thematic Blocks	Hours (Academic)
Semester 1		
1.	History as a Science. Chronological and Geographical Framework of the Course.	2
2.	Savagery – the Age of Hunters and Gatherers. The Earliest Civilizations. Antiquity.	6
3.	The Middle Ages as Part of Agrarian Culture.	4
4.	Eastern Europe in the Mid-1st Millennium CE. The Slavs. The Old Russian State in the Late 10th-Early 13th Century.	4
5.	The Struggle with Foreign Invaders in the 13th-14th Centuries.	4
6.	Russia in the 15th-16th Centuries. The Formation of a Unified State. Ivan III. Ivan IV.	4
7.	Russia in the 17th Century. The Time of Troubles and the "Age of Revolt."	4
8.	The Emergence of Industrial Civilization. The First Industrial Revolution. Prerequisites for the Transition to a New Stage of Civilization.	4
9.	Modernization in the Age of Peter the Great. The Great Northern War.	4
10.	The Era of "Palace Coups." "Enlightened Absolutism" and the State Reforms of Catherine II.	4
11.	Europe and the World in the 19th Century. The Second Industrial Revolution. The socio-political and cultural consequences of the Second Industrial Revolution.	4
12.	Russia in the 19th century. The reforms of Alexander I. Russia's foreign policy in the first quarter of the 19th century. Bourgeois reforms of the 1860s and 1870s. Alexander III. The emergence of the opposition movement in Russia.	4
13.	Russia and the world in the early 20th century. Nicholas II. The first Russian revolution of 1905–1907 and the formation of three political camps.	2
14.	World War I and Russia: causes, course, and results.	2
15.	The Great Russian Revolution (1917–1922). From February to October. The Civil War. The Red and White Terror.	4
16.	The USSR in the 1920s and 1930s. The New Economic Policy (NEP). The era of the "Great Leap Forward." USSR foreign policy in the 1920s and 1930s.	4

Completion of the test and (or) final testing for the 1st semester.		
Semester 2		
17.	17. World War II and the Great Patriotic War 1939–1945. No statute of limitations. Causes and significance of the Soviet Union's victory in the Great Patriotic War. Results and lessons of the Great Patriotic War.	4
18.	The USSR and the world after World War II. The apogee and crisis of Soviet society (1945–1984). Foreign policy of the Soviet state. 4	4
19.	The information revolution and global problems of our time. The role of international public organizations in solving global problems of our time. The fight against international terrorism.	2
20	The period of "perestroika" and the collapse of the USSR (1985–1991). Political crisis of August 19–21, 1991. The collapse of the USSR. Formation of the CIS.	2
21.	Russia at the turn of the 20th and 21st centuries: a change in the model of social development. Russia in the 21st century. The contribution of the Russian Federation to the fight against international terrorism. Russia and the West.	2
Total:		74

Reviewed and approved at the meeting of the Department of History and Cultural Studies of the N.P. Grigorenko, Minutes № ____ dated “02” __06__ 2026_.

Head of the Department



L.I. Belova